



# Doula Eligibility & Attestation

Doulas who enroll with WellCare of North Carolina must meet one of the two pathways to be eligible to enroll to participate in the doula Value Added Benefit:

## Option 1: Experience Pathway:

- |  |   |
|--|---|
| <input type="checkbox"/> Attestation of having attended at least 10 live births                      | <input type="checkbox"/> Provide 2-3 written client testimonials or professional letters of recommendation that include cultural humility/competency experience |
| <input type="checkbox"/> Attestation of having provided labor and birth support for at least 2 years | <input type="checkbox"/> Proof of liability insurance, copy to be attached  |

## Option 2: Training Pathway:

- |   |  |
|---|--|
| <input type="checkbox"/> Attestation of attending 3 live births | <input type="checkbox"/> Proof of liability insurance, copy to be attached |
|---|--|

- ☐ Certificate of completion of at least 16 hours of training that covers the following

### Core Competencies:

- Basic Newborn Care
- Childbirth education
- Client self-advocacy and empowerment techniques
- Common medical interventions: risks, benefits, and decision-making
- Coping strategies and nonmedical comfort measures during labor and birth
- Lactation support, education and infant feeding

### Essential Equity Competencies:

- Community resource referrals
- Cultural awareness/humility and cross-cultural communication
- Health equity in medical field and maternal health disparities

I, \_\_\_\_\_ (print name), attest that I meet ALL the criteria listed under the

[ ] Experience Pathway or the [ ] Training Pathway and that appropriate documentation, where required, has been provided.

Doula Signature: \_\_\_\_\_

Date: \_\_\_\_\_

WellCare Reviewer Name: \_\_\_\_\_(print) Date: \_\_\_\_\_

WellCare Reviewer Signature: \_\_\_\_\_