

Clinical Excellence in Mental Health: Enhancing Care Quality and Engagement Across Primary and Behavioral Health



Registration / Course Access

To access this course, please visit https://www.centeneinstitute.com.

If this is your first time accessing the Centene Institute learning management system, you must complete a **one-time account creation** (please see **instructions** below). Once you have registered as a new user and are logged into your account, navigate to the Activity Catalog. In the Activity Catalog, search for the course title, or you may click **here**. To register, click on **ENROLL NOW**.

Please see the **Certificate of Completion** section below for important information on obtaining continuing education credit for this course.

Program Goal

This course equips healthcare professionals with the skills to identify and address behavioral health needs through validated screening tools and evidence-based interventions. Learners will develop strategies to coordinate comprehensive care, enhance patient adherence, and support mental health follow-up. Emphasis is placed on person-centered communication to reduce stigma, promote treatment engagement, and foster a supportive care environment. Participants will also learn to evaluate care quality using performance metrics and patient experience data to drive improvements in mental health outcomes.

The training also highlights measure components and strategies to address care gaps with the following HEDIS Measures:

- Depression Screening and Follow-Up for Adolescents and Adults (DSF-E)
- Follow-Up After Hospitalization for Mental Illness (FUH)
- Follow-Up After Emergency Department Visit for Mental Illness (FUM)
- Follow-up Care for Children prescribed ADHD Medication (ADD-E)
- Use of First-Line Psychosocial Care for Children and Adolescents on Antipsychotics (APP)
- Metabolic Monitoring for Children and Adolescents on Antipsychotics (APM-E)
- Adherence to Antipsychotic Medications for Individuals with Schizophrenia (SAA)
- Diabetes Monitoring for People with Diabetes and Schizophrenia (SSD)

Learning Outcomes

At the close of this activity, participants will be able to:

- Examine the DSM-5-TR criteria for depressive disorders, including depression disorder with peripartum onset
- Analyze evidence-based recommendations for screening for peripartum depression and suicide risk
- · Recognize healthcare team interventions for peripartum depression treatment, coping, and support

Speaker Information

Cheryl Stroud, LCSW, is a Quality Program Strategist II for HEDIS Improvement at Centene, bringing nearly 25 years of experience across diverse settings, including clinical training. Over the past four years, she has specialized in developing a behavioral health HEDIS program to improve care, quality and member experience with mental health and substance use services.

Registration

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Certificate of Completion (Continuing Education Credit)

The completion of a post-evaluation available after the activity completion will serve as the final step of completing the course. After successfully completing the survey, the certificate will be available for immediate download and printing. Go to **Learn** menu, click on **My Activities > Completed**.

Provider Contact Information

To contact the Centene Institute for Advanced Health Education, click on Contact Us from the website homepage or email Centene Institute@centene.com.

Credit Information



In support of improving patient care, the Centene Institute for Advanced Health Education® is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



This activity was planned by and for the healthcare team, and learners will receive 1.00 Interprofessional Continuing Education (IPCE) credits for learning and change.



As a Jointly Accredited Organization, the Centene Institute for Advanced Health Education® is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit.

Social workers completing this course receive 1.00 clinical continuing education credits.

The Centene Institute for Advanced Health Education® designates this Internet Activity (Enduring Material) for a maximum of 1.00 AMA PRA Category 1 Credit(s) $^{\text{TM}}$. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Centene Institute for Advanced Health Education® designates this Internet Activity (Enduring Material) for a maximum of 1.00 ANCC contact hours.



HOW TO CREATE AN ACCOUNT

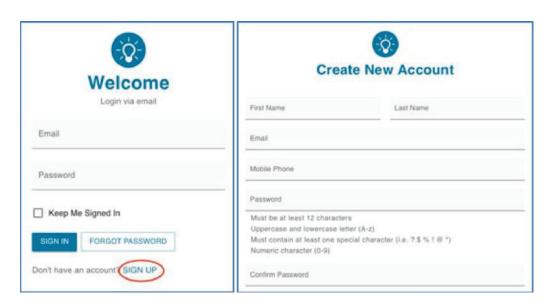
STEP 1 – At www.centeneinstitute.com navigate to Sign In at the top right banner.

• Click Sign In

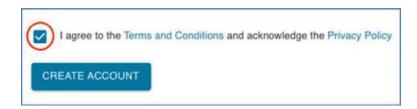


<u>STEP 2</u> – At the **Welcome** Login via email page, click on **Sign Up** to **Create New Account.** Complete all information regarding Specialty, Training and Organization for your profile.

• Click **Sign Up >** enter details for new account



<u>STEP 3</u> – Review links for Terms and Conditions and Privacy Policy, once acknowledged click the box to agree, and click Create Account.

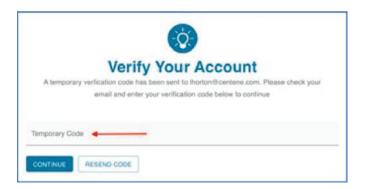


<u>STEP 4</u> – A validation code will be sent to the e-mail used for your new account. Enter the temporary code and click **Continue.** If e-mail was not received, click **Resend Code** for a new code.

• Enter temporary code > click Continue



• If not received, click **Resend Code** > enter new code



QUICK TIP: Check any folders that filter or capture e-mails such as Junk or Trash.

Congratulations! Upon successful log in, you are now set up as a **Learner** and may review courses in the Activity Catalog and enroll to participate in Centene Institute IPCE educational activities.