

Clinical Policy: Digital Electroencephalography Spike Analysis

Reference Number: WNC.CP.133

Last Review Date: 8/22

Coding Implications
Revision Log

See <u>Important Reminder</u> at the end of this policy for important regulatory and legal information.

Note: When state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.

Description

Electroencephalography (EEG) is a significant component of epilepsy diagnosis, along with a thorough medical history and neurological workup. Most EEGs today are performed on digital machines which record data and automatically detect spikes that may indicate seizures (ACNS, 2008). For the purpose of this policy, digital EEG spike analysis, which is also known as 3D dipole localization or dipole source imaging, refers to additional analysis of digitally recorded EEG spikes by a technician and a physician.

Policy/Criteria

- **I.** It is the policy of WellCare of North Carolina[®] that digital EEG spike analysis, including topographic voltage and/or dipole analysis, is **medically necess**ary for the presurgical evaluation of members with intractable epilepsy, in conjunction with video EEG long-term monitoring.
- II. It is the policy of WellCare of North Carolina[®] that digital EEG spike analysis is not medically necessary for any other indication.

Background

According to the American Clinical Neurophysiology Society's (ACNS) Guidelines for Long Term Monitoring of Epilepsy, digital EEG is the industry standard ². Ambulatory EEG, video EEG, and routine EEG all use digital technology and usually incorporate automatic spike detection. These types of EEG analyses are not the same as digital EEG spike (3D dipole localization) analysis. A report by the American Academy of Neurology (AAN) and the ACNS states that multiple well-designed studies have established automatic spike and seizure detection via digital EEG as highly sensitive, though not very specific ¹. This is also true of EEG in general. There are several reasons that an EEG would record a false positive, and most EEG patterns can be caused by a wide variety of neurologic conditions, while many diseases can produce more than one type of EEG pattern ⁵. Nonetheless, the AAN recommends EEG with automatic seizure and spike detection in clinical practice, commenting that "general clinical use in the community has been very positive" Automatic spike detection can save a great amount of time as a technician or electroencephalographer does not have to visually review hours or days of data. However, there are specific circumstances in which further analysis of the EEG is required, beyond the automatic digital spike analysis.

Digital EEG spike analysis assessment and billing should not be used for cases when the EEG was only recorded on digital equipment. Digital EEG spike analysis assessment is reserved specifically for times when substantial additional digital analysis was medically necessary and was performed, such as 3D dipole localization. In these specific circumstances, this would entail

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an additional hour's work by the technician to process the data from the digital EEG as well as an extra 20 to 30 minutes of physician time to review the technician's work and review the data produced. This type of analysis is most commonly performed at specialty centers that involve epilepsy surgery programs. ⁹

The AAN and ACNS recommend further digital analysis, in conjunction with review by a technician or provider, in the noninvasive evaluation of candidates for epilepsy surgery. They note that:

"The well-designed studies of this specific technique [dipole analysis] are few but consistent and confirmed in follow-up postoperatively. The clinical rationale seems clear. Control testing for evoked potential known cortical generator sites has confirmed the technical accuracy of dipole localization. The use of dipole analysis seems sufficiently demonstrated to warrant its clinical use in patients undergoing evaluation for surgical therapy for epilepsy. In other clinical settings, it has not been demonstrated to be sufficiently clinically useful to warrant general clinical use at this time".

It is important to note that the ACNS specifically states that ambulatory EEG is not appropriate for "detailed characterization of EEG features as is required in presurgical evaluation" ². 3D spike dipole source analysis, or digital EEG spike analysis, has been shown to be concordant with other modes of presurgical evaluation of epilepsy, including a thorough neurological workup with video EEG, magnetic resonance imaging (MRI), and multiple other imaging and neuropsychological tests; electrocorticography; and magnetoencephalography ⁶. Studies have demonstrated, "that dipole source models can be successfully employed to detect the epileptogenic foci of interictal epileptiform discharges" ⁶. Park and others agree with the AAN and ACNS that digital EEG spike analysis is, "recommended for the presurgical evaluation of intractable epilepsy patients⁶."

Coding Implications

This clinical policy references Current Procedural Terminology (CPT®). CPT® is a registered trademark of the American Medical Association. All CPT codes and descriptions are copyrighted 2020, American Medical Association. All rights reserved. CPT codes and CPT descriptions are from the current manuals and those included herein are not intended to be all-inclusive and are included for informational purposes only. Codes referenced in this clinical policy are for informational purposes only. Inclusion or exclusion of any codes does not guarantee coverage. Providers should reference the most up-to-date sources of professional coding guidance prior to the submission of claims for reimbursement of covered services.

CPT®* Codes	Description
95957	Digital EEG spike analysis when performed in conjunction with any of the following:
95718	Electroencephalogram (EEG), continuous recording, physician or other qualified health care professional review of recorded events, analysis of spike and seizure detection, interpretation and report, 2-12 hours of EEG recording; with video (VEEG)
95720	Electroencephalogram (EEG), continuous recording, physician or other qualified health care professional review of recorded events, analysis of spike and seizure detection, each increment of greater than 12 hours, up to 26 hours of EEG recording; interpretation and report after each 24-hour period; with video (VEEG)

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CPT®*	Description
Codes	
95722	Electroencephalogram (EEG), continuous recording, physician or other qualified health care professional review of recorded events, analysis of spike and seizure detection, interpretation, and summary report, complete study, greater than 36 hours, up to 60 hours of EEG recording, with video (VEEG)
95724	Electroencephalogram (EEG), continuous recording, physician or other qualified health care professional review of recorded events, analysis of spike and seizure detection, interpretation, and summary report, complete study, greater than 60 hours, up to 84 hours of EEG, with video (VEEG)
95726	Electroencephalogram (EEG), continuous recording, physician or other qualified health care professional review of recorded events, analysis of spike and seizure detection, interpretation, and summary report, complete study, greater than 84 hours, with video (VEEG)

HCPCS ®* Codes	Description		
No applicabl	e codes.		

ICD-10-CM Diagnosis Codes that Support Coverage Criteria + Indicates a code(s) requiring an additional character

ICD-10-	Description	
CM		
Code		
G40.011	Localization-related (focal) (partial) idiopathic epilepsy and epileptic syndromes with	
	seizures of localized onset, intractable, with status epilepticus	
G40.019	Localization-related (focal) (partial) idiopathic epilepsy and epileptic syndromes with	
	seizures of localized onset, intractable, without status epilepticus	
G40.111	Localization-related (focal) (partial) symptomatic epilepsy and epileptic syndromes	
	with simple partial seizures, intractable, with status epilepticus	
G40.119	Localization-related (focal) (partial) symptomatic epilepsy and epileptic syndromes	
	with simple partial seizures, intractable, without status epilepticus	
G40.211	Localization-related (focal) (partial) symptomatic epilepsy and epileptic syndromes	
	with complex partial seizures, intractable, with status epilepticus	
G40.219	Localization-related (focal) (partial) symptomatic epilepsy and epileptic syndromes	
	with complex partial seizures, intractable, without status epilepticus	
G40.311	Generalized idiopathic epilepsy and epileptic syndromes, intractable, with status	
	epilepticus	
G40.319	Generalized idiopathic epilepsy and epileptic syndromes, intractable, without status	
G 10 111	epilepticus	
G40.411	Other generalized epilepsy and epileptic syndromes, intractable, with status	
G 40 440	epilepticus	
G40.419	Other generalized epilepsy and epileptic syndromes, intractable. without status	
G 40 002	epilepticus	
G40.803	Other epilepsy, intractable, with status epilepticus	

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ICD-10-	Description
CM	
Code	
G40.804	Other epilepsy, intractable, without status epilepticus
G40.813	Lennox-Gastaut syndrome, intractable, with status epilepticus
G40.814	Lennox-Gastaut syndrome, intractable, without status epilepticus
G40.823	Epileptic spasms, intractable, with status epilepticus
G40.824	Epileptic spasms, intractable, without status epilepticus
G40.911	Epilepsy, unspecified, intractable, with status epilepticus
G40.919	Epilepsy, unspecified, intractable, without status epilepticus
G40.A11	Absence epileptic syndrome, intractable, with status epilepticus
G40.A19	Absence epileptic syndrome, intractable, without status epilepticus
G40.B11	Juvenile myoclonic epilepsy, intractable, with status epilepticus
G40.B19	Juvenile myoclonic epilepsy, intractable without status epilepticus

Reviews, Revisions, and Approvals	Reviewed Date	Approval Date
Original approval date	03/21	05/21
Reviewed CPT and ICD-10-CM codes.	10/21	02/22
Annual Review. CPT& ICD-10-CM, codes reviewed. References updated.	08/22	

References

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- 3. Luy, Y., Yang, L., Worrell, G.A., He, B. Seizure source imaging by means of FINE spatiotemporal dipole localization and directed transfer function in partial epilepsy patients. *Clin Neurophysiol*. 2012 Jul;123(7):1275-83. doi: 10.1016/j.clinph.2011.11.007
- 4. Moeller, J., Haider, A.H., Hirsch, L.J. Electroencephalography (EEG) in the diagnosis of seizures and epilepsy. UpToDate. www.uptodate.com. Published February 26, 2020. Accessed September 29, 2021
- 5. Park, C.J., Seo, J.H., Kim, D, et al. EEG source imaging in partial epilepsy in comparison with presurgical evaluation and magnetoencephalography. *J Clin Neurol*, 11(4): 319–330. doi: 10.3988/jcn.2015.11.4.319
- 6. Staljanssens, W., Strobbe, G., Van Holen, R., et al. EEG source connectivity to localize the seizure onset zone in patients with drug resistant epilepsy. *Neuroimage Clin.* 2017; 16: 689–698. Published 2017 Sep 14. doi:10.1016/j.nicl.2017.09.011

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- 7. Sharma, P., Scherg, M., Pinborg, L.H., et al. Ictal and interictal electric source imaging in presurgical evaluation: a prospective study. *Eur J Neurol*. 2018 Sep;25(9):1154-1160. doi: 10.1111/ene.13676.
- 8. Cascino, G.D. Surgical treatment of epilepsy in adults. UpToDate. www.uptodate.com. Published July 21, 2021. Accessed September 29, 2021.

North Carolina Guidance

Eligibility Requirements

- a. An eligible beneficiary shall be enrolled in either:
 - 1. the NC Medicaid Program (Medicaid is NC Medicaid program, unless context clearly indicates otherwise); or
 - 2. the NC Health Choice (NCHC is NC Health Choice program, unless context clearly indicates otherwise) Program on the date of service and shall meet the criteria in this policy.
- b. Provider(s) shall verify each Medicaid or NCHC beneficiary's eligibility each time a service is rendered.
- c. The Medicaid beneficiary may have service restrictions due to their eligibility category that would make them ineligible for this service.
- d. Following is only one of the eligibility and other requirements for participation in the NCHC Program under GS 108A-70.21(a): Children must be between the ages of 6 through 18.

EPSDT Special Provision: Exception to Policy Limitations for a Medicaid Beneficiary under 21 Years of Age

a. 42 U.S.C. § 1396d(r) [1905(r) of the Social Security Act] Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) is a federal Medicaid requirement that requires the state Medicaid agency to cover services, products, or procedures for Medicaid beneficiary under 21 years of age if the service is medically necessary health care to correct or ameliorate a defect, physical or mental illness, or a condition [health problem] identified through a screening examination (includes any evaluation by a physician or other licensed practitioner).

This means EPSDT covers most of the medical or remedial care a child needs to improve or maintain his or her health in the best condition possible, compensate for a health problem, prevent it from worsening, or prevent the development of additional health problems.

Medically necessary services will be provided in the most economic mode, as long as the treatment made available is similarly efficacious to the service requested by the beneficiary's physician, therapist, or other licensed practitioner; the determination process does not delay the delivery of the needed service; and the determination does not limit the beneficiary's right to a free choice of providers.

EPSDT does not require the state Medicaid agency to provide any service, product or procedure:

1. that is unsafe, ineffective, or experimental or investigational.



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2. that is not medical in nature or not generally recognized as an accepted method of medical practice or treatment.

Service limitations on scope, amount, duration, frequency, location of service, and other specific criteria described in clinical coverage policies may be exceeded or may not apply as long as the provider's documentation shows that the requested service is medically necessary "to correct or ameliorate a defect, physical or mental illness, or a condition" [health problem]; that is, provider documentation shows how the service, product, or procedure meets all EPSDT criteria, including to correct or improve or maintain the beneficiary's health in the best condition possible, compensate for a health problem, prevent it from worsening, or prevent the development of additional health problems.

EPSDT and **Prior** Approval Requirements

- 1. If the service, product, or procedure requires prior approval, the fact that the beneficiary is under 21 years of age does NOT eliminate the requirement for prior approval.
- 2. **IMPORTANT ADDITIONAL INFORMATION** about EPSDT and prior approval is found in the *NCTracks Provider Claims and Billing Assistance Guide*, and on the EPSDT provider page. The Web addresses are specified below:

NCTracks Provider Claims and Billing Assistance Guide:

https://www.nctracks.nc.gov/content/public/providers/provider-manuals.html

EPSDT provider page: https://medicaid.ncdhhs.gov/

EPSDT does not apply to NCHC beneficiaries.

Provider(s) Eligible to Bill for the Procedure, Product, or Service

To be eligible to bill for the procedure, product, or service related to this policy, the provider(s) shall:

- a. meet Medicaid or NCHC qualifications for participation;
- b. have a current and signed Department of Health and Human Services (DHHS) Provider Administrative Participation Agreement; and
- c. bill only for procedures, products, and services that are within the scope of their clinical practice, as defined by the appropriate licensing entity.

Compliance

Provider(s) shall comply with the following in effect at the time the service is rendered:

- a. All applicable agreements, federal, state and local laws and regulations including the Health Insurance Portability and Accountability Act (HIPAA) and record retention requirements; and
- b. All NC Medicaid's clinical (medical) coverage policies, guidelines, policies, provider manuals, implementation updates, and bulletins published by the Centers for Medicare and Medicaid Services (CMS), DHHS, DHHS division(s) or fiscal contractor(s).

Claims-Related Information

Provider(s) shall comply with the, NC Tracks Provider Claims and Billing Assistance Guide, Medicaid bulletins, fee schedules, NC Medicaid's clinical coverage policies and any other relevant documents for specific coverage and reimbursement for Medicaid and NCHC:

a. Claim Type - as applicable to the service provided:



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Professional (CMS-1500/837P transaction)

Institutional (UB-04/837I transaction)

Unless directed otherwise, Institutional Claims must be billed according to the National Uniform Billing Guidelines. All claims must comply with National Coding Guidelines.

- b. International Classification of Diseases and Related Health Problems, Tenth Revisions, Clinical Modification (ICD-10-CM) and Procedural Coding System (PCS) Provider(s) shall report the ICD-10-CM and Procedural Coding System (PCS) to the highest level of specificity that supports medical necessity. Provider(s) shall use the current ICD-10 edition and any subsequent editions in effect at the time of service. Provider(s) shall refer to the applicable edition for code description, as it is no longer documented in the policy.
- c. Code(s) Provider(s) shall report the most specific billing code that accurately and completely describes the procedure, product or service provided. Provider(s) shall use the Current Procedural Terminology (CPT), Health Care Procedure Coding System (HCPCS), and UB-04 Data Specifications Manual (for a complete listing of valid revenue codes) and any subsequent editions in effect at the time of service. Provider(s) shall refer to the applicable edition for the code description, as it is no longer documented in the policy. If no such specific CPT or HCPCS code exists, then the provider(s) shall report the procedure, product or service using the appropriate unlisted procedure or service code.

Unlisted Procedure or Service

CPT: The provider(s) shall refer to and comply with the Instructions for Use of the CPT Codebook, Unlisted Procedure or Service, and Special Report as documented in the current CPT in effect at the time of service.

HCPCS: The provider(s) shall refer to and comply with the Instructions For Use of HCPCS National Level II codes, Unlisted Procedure or Service and Special Report as documented in the current HCPCS edition in effect at the time of service

- d. Modifiers Providers shall follow applicable modifier guidelines.
- e. Billing Units Provider(s) shall report the appropriate code(s) used which determines the billing unit(s).
- f. Co-payments -

For Medicaid refer to Medicaid State Plan:

https://medicaid.ncdhhs.gov/get-involved/nc-health-choice-state-plan

For NCHC refer to NCHC State Plan:

https://medicaid.ncdhhs.gov/get-involved/nc-health-choice-state-plan

g. Reimbursement - Provider(s) shall bill their usual and customary charges. For a schedule of rates, refer to: https://medicaid.ncdhhs.gov/.

Important Reminder

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in

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developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. "Health Plan" means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan's affiliates, as applicable.

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This clinical policy does not constitute medical advice, medical treatment or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members/enrollees. This clinical policy is not intended to recommend treatment for members/enrollees. Members/enrollees should consult with their treating physician in connection with diagnosis and treatment decisions.

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